

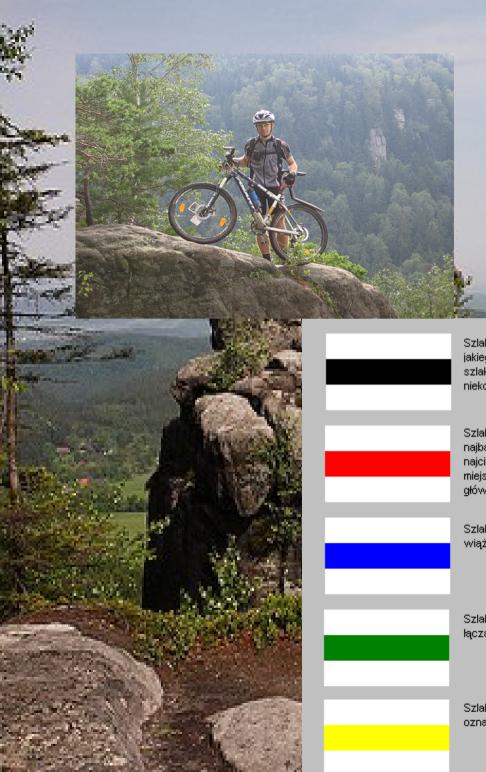
National Park is the highest form of nature protection in Poland, protects natural resources and processes of large areas of outstanding natural, where nature is relatively best preserved.

In areas of the national park is legally able to conduct limited business activities, residency and other human interference.

Instead, they are made available for scientific, educational, cultural, tourism and sports, to the extent that will not adversely affect wildlife in the national park.



In areas protected by the Nature Conservation Act of 2004 there are established rules specifying the degree of human intervention. Each protected area depending on the objectives and functions, which satisfies a set of rules governing the behavior of tourists. Directorates of national parks and landscape seem specific rules in force in the area. Given the natural diversity of our national parks regulations may include additional prohibitions or restrictions.



- 1. The park is available to visitors only on marked trails.
- 2. The practice of cycling and horse riding on hiking trails is prohibited.
- a. The practice of horse tourism requires the approval of the Directorate and it is possible to park on designated routes.
- b. The practice of cycling is possible after the paved forest roads and designated routes.

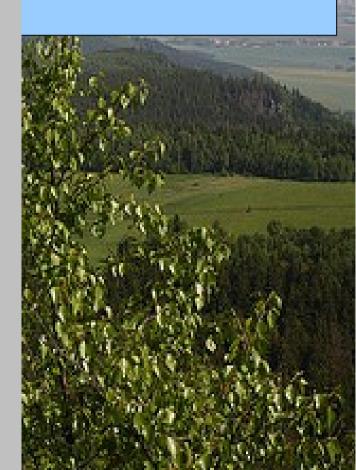
Szlak czarny - krótki szlak dojściowy do jakiegoś miejsca, w którym poprowadzenie szlaku dalekobieżnego byłoby nieciekawe, niekorzystne lub niemożliwe.

Szlak czerwony - poprowadzony jest przez najbardziej spektakularne a jednocześnie najciekawsze krajobrazowo i przyrodniczo miejsca (niekoniczenie musi być szlakiem głównym).

Szlak niebieski - jest to szklak dalekobieżny i wiąże się z pokonywaniem dużych odległości.

Szlak zielony - tym kolorem oznacza sięszlaki łączące, a także czasem też dojściowe.

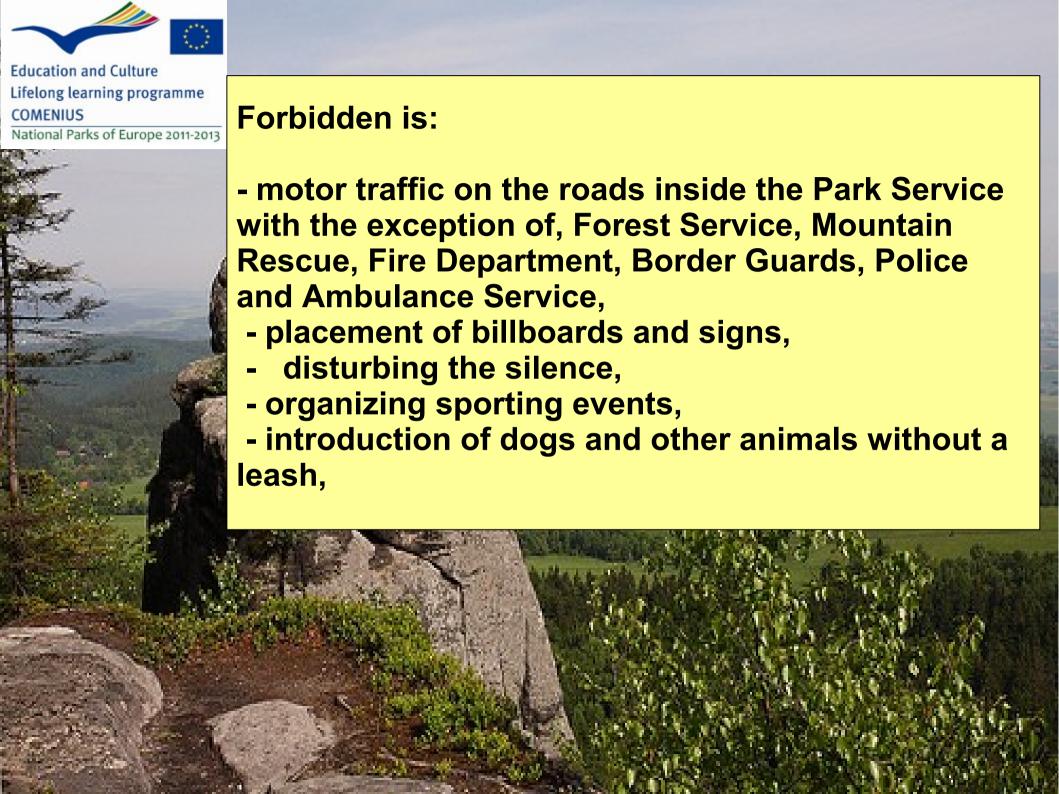
Szlak żółty - tak samo jak szlak zielony służy do oznaczania szlaków lączących i dojsciowych.





Within the Table Mountains National Park is forbidden:

- trapping and killing wild animals and destruction of burrows, breeding grounds and nests and eggs from the wild harvesting antlers,
- damage to plants and inanimate objects,
- water pollution and destruction of soil,
- lighting of fires and camping outside designated sites,
- smoking outside of designated sites,
- selling, purchasing, transporting objects or parts of protected and trade in forest mushrooms and undergrowth,

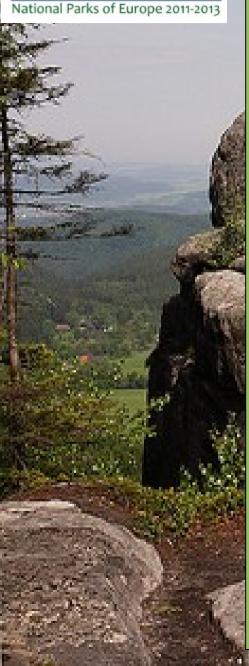




Within the Table Mountains National Park is forbidden:

- changes in water, regulation of rivers and streams,
- use of chemicals in forest management and other,
- construction, extension and change of use of buildings without the approval by the Park Directorate,
- collection of wild plants and their parts, especially berries and mushrooms.





It is not allowed:

- -camping, except in places designated by the director of the national park and nature reserve by the Regional Director of environmental protection;
- scientific research in the national park without the consent of the Director of the park and nature reserve without the consent of the Regional Director of environmental protection;
- -introduction of species of plants, animals or fungi, without the consent of the minister responsible for environment;
- -introduction of genetically modified organisms;
- the organization of recreational and sporting events in a national park without the consent of the Director of the national park and nature reserve without the permission of the Regional Director for the environment.



