



Education and Culture  
Lifelong learning programme  
COMENIUS

# NATIONAL PARKS OF EUROPE





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**The Stolowe Mountains National Park**  
was created on the 16th of September,  
1993.

It is situated in the middle Sudeten, in  
Kłodzko region on the Polish-Czech border.

The Stolowe Mountains are the Polish part  
of great sandstone layer situated between  
the Karkonosze, the Bystrzyckie and the  
Orlickie Mountains.



**The Stolowe Mountains National Park covers the area of 63 square kilometres of their upper part with the culminations of Szczeliniec Wielki (919 m above sea level) and Skalniak (915 m). In the neighbourhood of the Park there are several popular health resorts: Polanica Zdroj, Duszniki Zdroj, Kudowa Zdroj.**





## **Attractions of the Stolowe Mountains - what is worth visiting!**

**The Stolowe Mountains, being a very attractive area, have good tourists base. The area of the Park is covered with a network of trekking routes (100 km total length). They give an easy access to all rocky forms in the area:**

**wonderful "rocky city" on the top of Szczeliniec Wielki (919 m above sea level)**

- rocky mazes of Bledne Skaly**

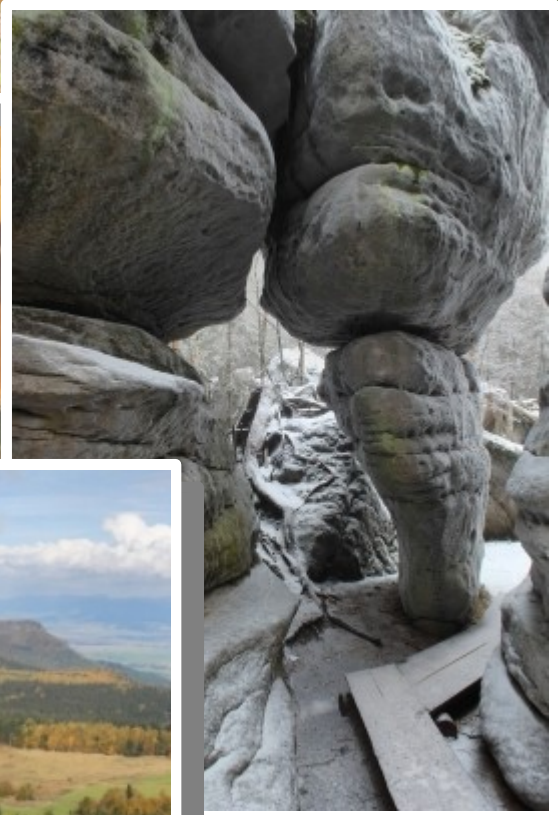
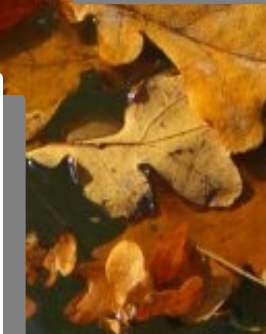
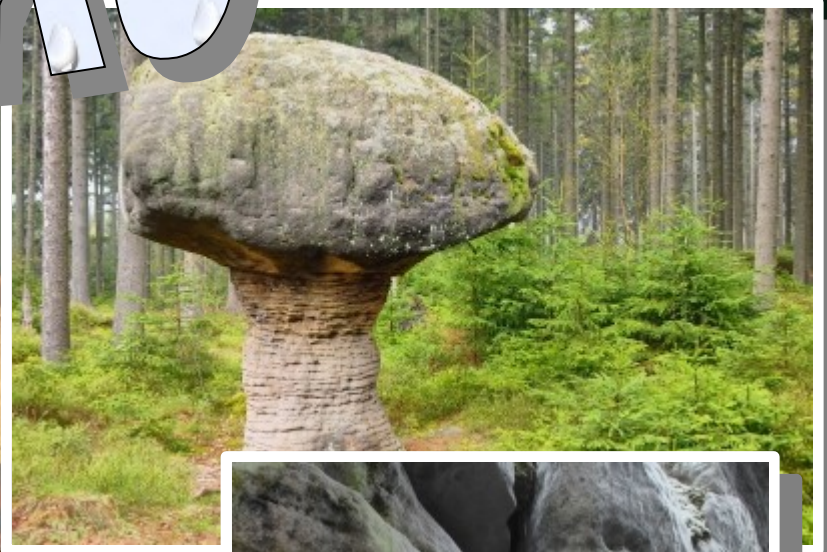
- Skalne Grzyby (Rocky Mushrooms) and Radkowskie Skaly**

- Skaly Puchacza with a beautiful views**

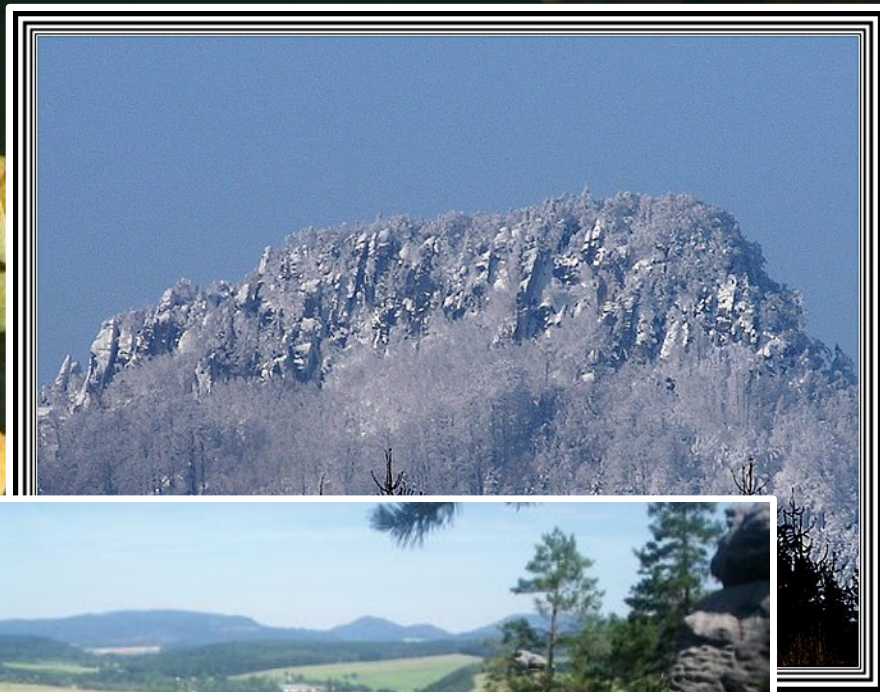
- Lezyckie Skalki situated in the surroundings which looks like African savannah**



# ROCKS









# Plants and mushrooms





# Animals

**In the big forest complexes of the Park we can easily come across deer, roe deer, wild boar, fox, squirrels (black and red variety) and small rodents.**

**Rocks are the nesting places of eagle owl, kestrel, raven, nuthatch and black redstart whereas the meadows make a nesting place for meadow pipit, skylark, whinchat and rare in Europe - quail and corncrake.**

**Among reptiles common in Poland on the territory of the Park we can meet common viper, grass snake, sand lizard and slow worm. As for rare amphibians salamander, smooth newt and alpine newt can be sometimes spotted.**

**The world of insects is still hardly investigated, but what attracts attention is rich in species long-horned beetles family and protected species of Carabidae family. Very interesting are the snow insects and arachnids of highmoor peatbogs and cold wet sandstone cracks.**









**THANK YOU!!!  
VISIT OUR PARK SOON!**